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COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

December 2023 / January 2024

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LIGHTS, LAUGHTER, AND LOCAL LIVING:
CELEBRATE THE SEASON WITH US

Dear Aire Valley Mag readers,



As the editor of this magazine, I extend warm seasonal wishes to you in this combined December and January edition.

Liz Barker, Editor

With over 15 years of history, Aire Valley Mag has been a constant companion in the lives of local residents. Having lived in this beautiful area for over thirty years, raising a family and actively participating in local life, I've witnessed the growth, resilience, and unity that define us. We've been through a lot together!

In an era dominated by digital noise and virtual connections, our magazine stands tall as a beacon of authenticity and trust. We're more than just pages filled with advertisements; we reflect the heartbeat of the Aire Valley and the individuals who contribute to our community.

As we navigate the ever changing modern landscape, it's crucial to recognize the profound impact of local businesses, tradespeople, independent retailers, and community organisations; over one hundred entities are represented in these pages.

Join me and extend your support to the local butchers, bakers, and artisans who make the Aire Valley truly unique.

May I be so bold as to address the elephant in the room – the potential drawbacks of excessive screen time. The constant scroll, the lure of algorithms, and the impact on mental health are real concerns. We can all benefit from switching off, stepping outside, and enjoying tangible, real-time experiences, including getting out and about, meeting face to face.

As we bid farewell to the old year and welcome the new, let's embrace the hope and promise 2024 brings. Our goal is to cultivate a warm-hearted spirit, one that values genuine connections over digital substitutes. Use the magazine as a portal to discover local events, and immerse yourself in the fabulous world that is, the Aire Valley.

May this season bring you joy, warmth, and peace, and may the coming year be filled with hope, good health and prosperity for us all.

Happy Christmas!

Warm regards from the whole team at Aire Valley Mag.



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Sharing Platters with a Mutabal Dip

Martin Lingard

If you have quite a few guests over for a festive gathering, you may struggle to think of a starter that everyone likes. I solve this by putting together sharing platters that people can graze on before the big meal, helping themselves to as little or as much as they like. This way, I can cater for vegans, vegetarians, pescatarians, carnivores, allergies and faddy so and so's!

I like to support local independent traders so tend to buy ingredients from businesses such as Haworth Wholefoods and Pavé on Haworth Main Street.

The trick is to serve a selection of meat, cheese, preserved fish and vegetables like peppers, artichokes, olives and capers that will provide a mix of flavours, colours and textures, plus dips, fresh fruit and vegetables and flatbreads, crackers or breadsticks. The selection I offer here includes Manchego, Comte, Kirkhams Lancashire, a small crottin goats' cheese, sliced mortadella, prosciutto, coppa and salami plus some caper berries; all from Pavé. Personally, I avoid runny, smelly, or blue cheeses as a starter, saving those for after dinner!

I supplemented this with tinned baby octopus, anchovies and smoked sardines preserved in olive oil (admittedly not to everyone's taste but I like them), a tin of Perello brand Gordal olives, some jars of artichokes and peppers preserved in oil and my favourite rosemary torta biscuits, all from Haworth Wholefoods.

You can supplement this spread with carrot sticks,

grapes, radishes, celery sticks and rocket leaves. I always provide dips too, such as hummus, baba ghanoush or taramasalata which can all be bought pre made from most supermarkets. I made a simple Mutabal dip, which is similar to baba ghanoush, but with tahini added; here is the recipe:

Ingredients

- 1 large or 2 medium aubergines
- 2 tablespoons of tahini
- 1 medium to small red onion, finely chopped
- 1 tablespoon of lemon juice
- 4 fat cloves of garlic, finely chopped
- 2 tablespoons of Greek yoghurt
- 2 tablespoons of extra virgin olive oil
- 1 teaspoon of sea salt flakes

Method

Preheat your oven to 200C, when up to temperature, pierce the skin of your aubergine(s) with a small sharp knife several times, place on a baking tray and stick in the oven for 45 minutes or so, until the aubergines are very soft when pierced with a knife or skewer. The skin should be darkened and burnt in places. Remove from the oven and set aside to cool.

When cool enough to handle safely, slice off the stalk end, peel the skin and bin it, then place the remaining softened flesh into a large bowl. Chuck all your other ingredients into the bowl. Use a hand blender to process until it has a smooth, creamy consistency, transfer into a serving bowl and pour over a little more olive oil and serve. *Happy Christmas everyone! ~ Martin*

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Where in the Aire Valley? COMPETITION

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Ho ho ho! Yes, it's finally acceptable to wish you all the best for the festive season. Well, I'm not actually sure that's strictly true, but the grandchildren are getting close to fever pitch as the string of Christmas TV ads get released, and the shops are full of tinsel and other seasonal goodies. It's also time for the period of having special treats in the kitchen cupboard that are not for consumption until the big day... the other big thing is that the Elf Express season is here, so we've had our first groups of festive revellers enjoying meeting Santa with his Pixies and Elves on our Christmas special trains. They are all pretty much sold out, but you can check the website for any cancellations that result in late availability. However, the festive fun continues on board until New Year's Day because we run our 'Mince Pie Specials' from Boxing Day right through to New Year's Day, when you can enjoy all the decorated carriages and stations, and a complimentary Mince Pie. Full details are on the website.

After the last train departs Keighley on 1st January, we will be closing the line to passenger trains between Keighley and Ingrow as we hand the site over to Network Rail, who are undertaking significant refurbishment work across the station. During the period of our part of the station being closed, we will be running trains between Ingrow and Oxenhope and providing a shuttle 'bus service from Keighley. Do check the National Rail website for full details, but there are currently no plans for the work to affect the main line between Leeds and Skipton.

~ **Matt Stroh**

Keighley & Worth Valley Railway Chairman

Once we get access to Keighley back at the start of March, we will be looking forward to our Spring Steam Gala, when we welcome visiting steam locomotives and run a variety of special services. The Spring Gala is from 21st-24th March, and details of visiting locations and the timetable will be available on the events page on the Railway's website.

As well as the usual programme of events, 2024 sees us undertaking our largest ever civil engineering project as we replace 'Bridge 27', which crosses the Bridgehouse Beck just outside Haworth Yard. We are very grateful for a grant from the government's Community Ownership Fund, which helps us ensure that we continue with our routine - but increasingly expensive - programme of maintenance and overhaul. As well beyond 2024, I'm very excited to be able to report that we have been aware of a further Levelling Up grant, which will help us secure the Railway for generations to come as it means we can provide undercover accommodation and servicing facilities for our heritage diesel fleet.

Thank you all for your support and patronage this year. It's been challenging as we are still catching up on the work that had to be deferred due to the periods of lockdown, but seeing the happy, smiling faces of our passengers makes the hard work worthwhile.

DATES FOR YOUR DIARY

Upcoming events at The Keighley & Worth Valley Railway.

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Matt was born and raised in Pudsey, where he met his wife Angela Varley at school. They have 2 sons; Ray and Austin, he hopes one day they will follow him into the dental profession and share in his passion for dentistry.

Within his 23 years of experience, Matt has changed the lives and smiles of many, some of which are during one day implant immediate loading cases, and same day smiles, which he specialises in. The regular accolades received from clients and patients alike are testament to his passion for his work. Matt has a keen eye for detail and endeavours to provide the best care possible. Matthew completed his dental technology qualification at Leeds Dental Institute, he finished first in his class achieving distinctions throughout and was awarded overall best student and the acclaimed technical achievement award.

Matthew Varley started his journey as a Registered Dental Technician (RDT), however after 23 years experience working as a RDT in highly acclaimed laboratories, Matt made the decision in 2018 to set up his own business alongside fellow business partner Joseph O'Reilly.

Matt also returned to university to further his dental knowledge and become a Clinical Dental Technician, receiving the prestigious royal college of surgeons (Dip CDT RCS).

How can we help you?

Technology has moved on massively over the last few years as far as dentures are concerned. The fact is, **you don't have to suffer badly designed or ill fitting dentures anymore.**

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Matt creates dentures which can offer the dual effect of restoring your smile and correcting the proportions of your face.

He can add volume to your lower face and upper lip region to achieve a more natural, youthful look. Everyone is different, so your dentures are influenced by your age, personality and gender to ensure they look perfectly natural. Matt will discuss your individual needs and the best choices available before providing you with the information you require to determine what is right for you.

The smallest alteration can make the biggest change and Matt is committed to providing the highest level of care, quality materials and the latest digital technology to achieve the best results for you.

Matt's ambition is also his craft, creating lifelike smiles through dentures and implant supported prosthesis.

Everybody has the right to smile!

*Would you like to be more confident?
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Afraid to smile?*

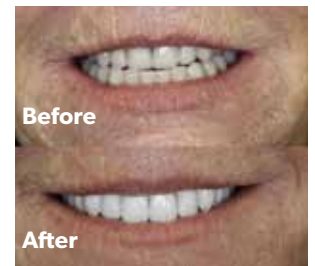


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BEHIND THE SCENES AT THE MUSEUM

If you've visited the Brontë Parsonage Museum in recent weeks, you may have noticed some unusual activity taking place in the Exhibition Room. One of the larger items on display has undergone several weeks of restoration under the expert care of conservator David Everingham, and his colleague Alison Aynsworth (pictured). Visitors have been able to watch David and Alison in action as they carefully restore a large cupboard linked to 'Jane Eyre', known as the 'Apostles' Cupboard' owing to its housing 12 individual paintings of the Apostles, over the last few weeks. It's been great to have David and Alison on-site to answer visitors' questions, generously sharing insight on the paintings, the process and what exciting discoveries have been revealed.



David and Alison work with a method called 'unpacking' which involves carefully removing unwanted layers from a painting, revealing the original work unencumbered. The first layer to be removed typically comprises a thick coat of grime and dirt built up over time. This is removed using a water-based solution and sensitive cleaning tools. The second layer to be removed is a yellow varnish, which would have been applied long after the paintings, and the cupboard, were originally completed. This was presumably to protect the cupboard as an item of furniture, as opposed to the paintings themselves. The only way to remove the varnish is with a solvent which, David tells us, is the really nervy bit!

The conservators' knowledge of paints, solvents, and how they behave together, means they were able to remove this layer without damaging the paint beneath, and the results truly are astonishing. The process has revealed vivid colours and details in the panels that were previously hidden to the naked eye, such as lettering revealing the names of the Apostles depicted in the paintings. Work is now underway to piece together the clues this work has revealed, hopefully bring to light more of the story behind this popular item.

But what connects the cupboard with 'Jane Eyre'? Before it was acquired by the Museum, the cupboard belonged to Thomas Eyre of Hathersage in Derbyshire. It is thought that Charlotte Brontë saw this cupboard when visiting Mr. Eyre in 1845, a year before writing the novel. Not only is there an obvious link in the 'Eyre' name, but Charlotte also graphically describes the cupboard in a scene in the novel, when Jane is attending to wounds inflicted on Richard Mason! If you find yourself with an hour to spare over the festive period, do come and see the cupboard in its renewed glory, perhaps with the image from 'Jane Eyre' in mind... *Local to the Museum? Residents living in BD20, BD21 and BD22 are eligible for a Local Resident admission rate of £7.50 with proof of address. Tickets are valid for 12 months after issue, meaning you can continue to return and enjoy the Museum as exhibits change throughout the year. bronte.org.uk*



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COMMUNITY PAGES

Every Monday to Friday **Dementia Friendly Keighley** 10am – 4 pm

Open for drop-in anytime for coffee and chat for people living with dementia and carers and families. 6 College Walk, Airedale Shopping Centre, Keighley.

Every Tuesday Dementia Friendly Keighley 10am – 12.30 pm **Games Morning**, for people/carers living with dementia Airedale Shopping Centre, Keighley.

Every Wednesday Dementia Friendly Keighley 1.30 pm – 3.30 pm **Peer Support Coffee Club** for people/carers living with dementia Airedale Shopping Centre, Keighley.

Glusburn and Crosshills WI meet at **7.30 pm on the first Tuesday of the month at Glusburn Community & Arts Centre.** A friendly group for local women.

Sutton in Craven WI meet 1.30pm **every second Monday of the month** Sutton in Craven Cricket Pavilion all local ladies welcome. See us on Facebook.

Wellbeing Café at Glusburn Institute **Every Monday** 10 am to 12 noon. . Contact 01535 630223 for more details.

Every Tuesday 7 - 9pm Men's Peer Support Group Free Safe & Friendly environment for men to share, chat & laugh. Airedale Enterprise Services, Sunderland Street, Keighley, BD21 5LE

First Tuesday of a month Crosshills Goldies Sing & Smile – St Peters Methodist Church 2 -3pm singalong to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.



Games Club Every Tuesday 1:30 - 3:30 pm. at Glusburn Institute. £2.50 per session.

Every Tuesday Rethinking Pain at The Hive, Elliott Street. Silsden **3pm - 4pm** A Group for people living in pain.

Silsden Singers Community Choir Every Tuesday 7pm – 8.30pm at The Hive, 53 – 55 Elliot Street, Silsden.

£5 per session, term times. For more information contact Janet Russell on 07941340261 www.silsdensingers.co.uk

Third Tuesday of a month at Steeton Methodist Church

2-3pm

Goldies Sing & Smile – sing-along to the popular hits of the 50s onwards, chat and laugh. £3 donation to attend, no need to book.

Steeton Bobbins WI 7pm meet on the **first Tuesday of a month** at St Stephen's Church Hall

Every Weds Glusburn Lunch club at 11.45am Glusburn Institute

for a two course, home cooked meal, for £5.00 and company. If you are a pensioner and interested, please contact Pauline on 074361 13748

Every Weds 1 - 2.30pm Ladies Dance Exercise, Civic Centre, Keighley.

Meet new friends/Socialise & Keep Fit **First Wednesday of a month**

2 - 2.45pm It's Story Time at Silsden Community Library for under fives.

Silsden Methodist Church

Thursday Club 2.30pm - 4pm weekly Music, Games, Quizes, friendly chatter & refreshments.

Steeton Community Hub

Warm Space Providing a space and warmth during the winter months. Meet people have a hot drink/biscuits.

Sunday Club at **St Stephen's Church, Steeton, at 10.00am** every second and fourth Sunday.

Sat 2nd & Sun 3rd Dec Christmas

Fair at East Riddlesden Hall **Sat 2nd Dec 10.00am - 12.30pm**

Christmas Fayre at St Stephen's Church Hall, Steeton, BD20 6SB



Santa, stalls, children's activities, Grand Hamper draw, refreshments

Sun 3rd & 10th Dec 10 am Skipton Christmas Markets High Street with over 100 festive stalls.

Sun 3rd Dec 12.30-2.30 Christmas treasure trail. (Weather permitting)

Come and join us for Sutton's 3rd treasure trail. Look for Santa as you follow the clues around the village. Collect Santa's letters to solve the mystery phrase. Small prizes for each child upon completion. £5 per family. All money raised goes to Manorlands.

Meet in the pavilion in Sutton Park. Food, Christmas craft and gift stalls also available.

6th to 9th Dec Sutton's Green Hut Theatre Company present: Sleeping Beauty. A traditional and fun family pantomime suitable for any age. Adults - £10;

Concessions - £8; 1 free under 5 with every adult ticket purchased. Book tickets at www.ticketsource.co.uk/suttons-green-hut-theatre-company.

Thurs 7th Dec Bingo Night at Steeton Hub 5.30pm - 9pm In aid of Manorlands.



Fri 8th Dec 5 pm Arthur Christmas Film with Santas Grotto at Glusburn Community & Art Centre Fun Festive night out.

Sat 9th Dec 2.00pm-4.00pm

Advent Activity Trail at St Stephen's Church Hall & Church, Steeton Children bring your family and come at any time for activities, cakes & drink, story time.

Sun 10th, 17th & 24th Dec Christmas Fare at The Parish Rooms Kildwick 10 am - 3pm.

Sat 16th Dec Rudolph's Run Festive Tractor Run 6pm - 9pm from Otley to Skipton

Sat 16th Dec Haworth Band Christchurch Skipton, 7.30 pm with the Cononley Singers.

Sun 17th December 6.30pm Carol Service by candlelight at St Stephen's Church, Steeton

Sat 23rd & Sun 24 Dec 1pm Haworth's Nativity Parade on the Main Street. There will be music and carols along the Street all weekend.

Christmas Eve 4.00pm Christingle at St Stephen's Church, Steeton A service for everyone and especially popular with children.

Christmas Eve 11.15pm Midnight Communion at St Stephen's Church, Steeton Dec 25th 10.00am Family Service at St Stephen's Church, Steeton

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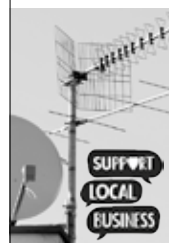
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